



The St. Ignatius Wrestling Program would like to invite you to:

# Open Mats



**When:** Tuesdays & Thursdays from 4:00 to 5:30 p.m. (High School), 5:30 to 7:00 p.m. (Youth)

**Where:** St. Ignatius Wrestling Room  
(Located in the Basement of Murphy Field House)

**What:** Opportunity to wrestle live as well as Freestyle Instruction from Coach Tadaaki Hatta