





## San Diego Wrestling Association

covers Chula Vista, La Jolla, Oceanside, San Diego, Vista, and surrounding areas. Association Contacts: Victor Richmond **General Tournament Information** 619-886-8293 coachvic@cox.net

SDWA will change the format of how to get kids out and on the mat.SDWA will be hosting open wrestling rooms for live scrimmages, and small clinics on Saturdays. SDWA will be hosting freestyle and Greco training clinics at each site. This is an easy way for your kids to get exposure to freestyle, Greco and learn the different styles of wrestling.

AWARDS: Medals for 1st, 2nd & 3rd place

Must Have a Current USA Wrestling Card: Please register with SDWA on-line!Coach's cards are only available on-line at a cost of\$47.00{Coaches cards now require a background check} the background check fee of \$17.00 is included in the \$47.00 cost of card.

TOURNAMENT ENTRY FEE: 1st wt. \$10.00, 2nd wt. \$8.00 & no more than 2 weight classes per tournament with USA Wrestling card for the 9/1/12-8/31/13 season; \$5.00 late entry fee

**RULES:** USA Wrestling Rules for Folkstyle, FS and GR matches

March 16th, 2013 Open wrestling room. \$3.00 Entry Mar Vista High School

505 Elm Avenue, Imperial Beach, CA 91932 Carlsbad, CA 92009

March 16th, 2013 Open wrestling room.

\$3.00 Entry Westview HS 13500 Camino del Sur, San Diego CA 92129-4265

March 23th, 2013 Open wrestling room. \$3.00 Entry San Ysidro High School 5353 Airway Road.

San Diego, CA 92154

March 30th, 2013 Open wrestling room. \$3.00 Entry

La Costa Canyon HS 1 Maverick Way

April 6th, 2013 Open wrestling room.

\$3.00 Entry San Pasqual High School

3300 Bear Valley Parkway Escondido, CA 92025

April 6th 2013 Open wrestling room. \$3.00 Entry Mater Dei HS

1615 Mater Dei Drive. Chula Vista CA 91913

April 13th, 2013 Open wrestling room.

\$3.00 Entry

Otay Ranch High School 1250 Olympic Parkway, Chula Vista, CA 91913

May 11th, 2013 Open wrestling room. \$3.00 Entry

University City HS 6949 Genesee Avenue San Diego, CA 92122

April 20th, 2103 Tournament location East Lake High School 1120 Eastlake Pkwy. Chula Vista, CA 91915 May 18th, 2013

Open wrestling room. \$3.00 Entry

Rancho Buena Vista HS 1601 Longhorn Drive Vista, CA 92081

May 25th, 2103

Tournament location SDWA Championship East Lake High School 1120 Eastlake Pkwy. Chula Vista, CA 91915

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