

USA WRESTLING NEW JERSEY

SPRING 2013 JUNIOR OLYMPIC FREESTYLE & GRECO-ROMAN SCHEDULE

Schedule and Road Trip Summary

The wrestling season does not end with the scholastic states.

The Olympic styles of Freestyle and Greco-Roman wrestling come alive. The opportunities begin for learning and refining those styles, applying them in various situations: clinics; developmental and in-state tournaments; traveling on NJ teams; or competing at national competitions. Listed in this flyer are the 2012 scheduled NJ Freestyle and Greco clinics; along with local, regional and national tournament dates and sites. This schedule has been designed to facilitate introduction and training of wrestlers to Freestyle and Greco-Roman. All events should be checked on the NJ Wrestling website: www.usawnj.org or the USA Wrestling national website: www.themat.com

Getting good training and competition is vital to one's development in Freestyle wrestling and Greco-Roman wrestling. Training and competing in State and National events will greatly enhance one's skills and knowledge of the sport. The Goal is to offer you training and competitive situations that will greatly improve your wrestling skills and knowledge. No matter what level of wrestler you are, no matter what your skills are, the key to success is constantly striving to learn more. You are either moving forward or backward... there is no such thing as staying the same.

See you at the TOP!!!

Coaches are needed. If you can provide assistance, contact William Terrell at (732) 826-0303 or Rich Santoli at (201) 921-3275.

Age & Weight Level; Developmental; Qualifiers; and Championships

ALL NJ TOURNAMENTS* will contain the following age divisions for both Freestyle and Greco Wrestling: Midget, Novice, Schoolboy, Cadet, Junior, and Senior. Female freestyle will be offered also. Some tournaments will host a special NJ Tournament for certain age divisions and/or styles in place of the normal developmental tournament for that division. These tournaments will be noted. See the age level descriptions for details. Schoolboy, Cadet, and Junior age wrestlers who must participate in designated tournaments to qualify for the team competitions, along with meeting other specified criteria. Ranking tournaments assist in determining participation in dual team trip selection and the New Jersey Fargo trip.

The following program announces Freestyle and Greco-Roman wrestling schedules for these age divisions:

- Seniors** Born 1993 or before: 110, 121, 132, 145.5, 163, 185, 211.5, 264.5
(Those born in 1991-1992 need medical certificate to participate in this division)
(Athletes High School class must have graduated)
- JUNIORS** Born after 9/1/93 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
(Must be enrolled in grades 9-12)
- JUNIORS women** Born after 9/1/93 95, 102, 109, 116, 124, 132, 139, 146, 153, 165, 190, 220
(must be enrolled in grades 9-12)

KIDS DIVISIONS

- CADETS** Born 1997-1998 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
- SCHOOLBOY/GIRL** Born 1999-2000 70,77,84,91,98,105,112,120,128,136,144,152,160,175,190,210,265
- NOVICE** Born 2001-2002 60-105 by 5=s, 112, 120, 130, 140, 140+ * 25 lbs. Max difference
- INTERMEDIATE** Born 2003-2004 50-80 by 5=s, 87, 95, 103, 112, 120, 120+ * 20 lbs. max difference
- BANTAM** Born 2005-2006 40-75 by 5's, 75+ *15 lbs. max difference
*Hwt classes in Kids Division will be split if there is too much weight difference between wrestlers
- Cadet women** Born 1997-1998 84, 88, 95, 101, 115, 124, 132, 143, 154, 172, 198

2013 USAW/NJ FREESTYLE and GRECO Schedule

* All Registrations and Weigh-ins 8 am – 9 am \$30 one style or both cash only

<u>Date</u>	<u>Place</u>	Event, Styles/ages/weights, Director, Phone MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments
April 6, 2013	Voorhess HS 256 County Rd 513 Glen Garder , NJ 08826	Fs/Gr Developmental Tournament <u>Madison Weight class</u> Director : Bob Baker 732-735-8353 MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments
April 14, 2013	Middletown South HS, NJ 900 Nut Swamp Rd Middletown NJ 07748	RANKING TOURNAMENT and GRECO STATES For schoolboy ,cadet and junior in state only USA Weight Classes Director: Rich Santoli 201-921-3275 MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments
April 21, 2013	South Plainfield PAL NJ 1250 Maple Ave South Plainfield , NJ 07080	Fs/Gr Development Tournament Madison weight class open to out of state residents Director Bill Ashnault 908-296-3067 MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments
April 28, 2013	Saddle Brook HS , NJ 355 Mayhill St Saddle Brook NJ 07063	Freestyle States all divisions Greco States Novice and younger USA Weight classes girls open to anyone and boys NJ residents only Director: Jeff Dickman 201-779-9024

- **No Weight allowance for State Championships and Ranking Tournaments MUST WEIGH IN WITH COMPETITIVE SINGLET**
- **All other tournaments will be Madison Weight Pairing MUST WEIGH IN WITH COMPETITIVE SINGLET**

All developmental tournaments Madison weight classes open to state residents and out of state call director with any questions all Divisions bantam thru senior boys and girls

2013 Road Trip Summary

For USA-Regional and USA-National event details, go to: www.themat.com

<u>April 5-7 ,2013</u>	<i>Cedar Falls, IA</i>	<i>Folkstyle Nationals</i>
<u>May 3-5 , 2013</u>	East Strousburg	NE Kids/junior Regional
<u>May 24, 2013</u>	Akron, OH	Fila Cadet & University
<u>June 5-9, 2013</u>	<i>Indianapolis, IN</i>	<i>Schoolboy National Duals Greco/Freestyle</i>
<u>June 5-9, 2013</u>	Daytona Beach, FL	<u>Cadet National Team Duals-Greco/Freestyle</u>
<u>June 25-29, 2013</u>	Oklahoma City , OK	<u>Junior National Team Duals-Greco/Freestyle</u>
<u>June 24-26, 2013</u>	Salt Lake City , UT	<u>Schoolboy and younger National Chamionship Fs/Gr</u>
<u>June 30, 2013</u>	Mount Vernon , IA	<u>FILA Juniors</u>
<u>July 12-22, 2013</u>	Fargo, ND	<u>Cadet, Junior National Championships-Greco/Freestyle</u>

USA-NJ Qualifying Criteria for Freestyle & Greco National Tournaments and NJ Dual Teams

Schoolboy, Cadet & Junior Divisions, Girls and Fargo

To Qualify for USA Freestyle and Greco National Tournament

- ◆ Schoolboys, Midgets and Novice (Salt Lake City, UT)
Must participate in USA North East Regional FS/Greco tournament.
- ◆ Cadets and Juniors (any one of the following) - Fargo, ND
 - Freestyle-
 - Win the NJ Ranking tournament
 - Win the NJ Freestyle State tournament
 - Or place 2nd with 8 or more in weight class in NJ State tournament
 - Top 3 in any USA Regional Freestyle tournament
 - Greco
 - Win the NJ Greco State tournament
 - Or place 2nd with 8 or more in weight class in NJ State tournament
 - Top 3 in any USA Regional Greco Tournament
 - Girls
 - Win the NJ State tournament
 - Or place 2nd with 8 or more in weight class in NJ State tournament

To Qualify for USA-NJ Dual Teams

In order to guarantee a wrestler a spot on the 2011 Schoolboy, Cadet, Junior or Girls National Freestyle and Greco-Roman Dual Team, a wrestler must accomplish the following (no weight allowance);

- ◆ Schoolboy (Indianapolis, IN) and Cadets (Rochester, MN)
 - Win the Freestyle Ranking Tournament
 - Win the Freestyle State Tournament
 - Win the Greco State Tournament
 - Fill out and submit an application with deposit and all necessary information by required date
- ◆ Juniors (Oklahoma City, OK)
 - Freestyle
 - Win the NJ Ranking tournament
 - Win the NJ State tournament
 - Fill out and submit an application with deposit and all necessary information by required date
- ◆ Girls - Juniors Only
 - All girls participating in USA Freestyle Nationals qualify for the NJ Dual Team
 - Fill out and submit an application with deposit and all necessary information by required date

Alternates and Open Weight Classes

These spots will be selected by a committee consisting of: Team Leader, Head Coach, USA Chairman, and USA Kids Chairman.

There is no set number of alternates; they will be selected where needed. Criteria for consideration of Alternates:

- Participation in past USA-NJ Sanctioned Trips
- Participation in past USA-NJ FS/GR Tournaments
- Placement in the USA Scholastic State Tournament
- All-American at any USA National Tournament

Petitions

If a wrestler can not participate in these events for any reason or wants to petition for any reason, for Schoolboys and Cadets, you must notify John Grey, the Kid's Chairman, in advance, via email, with petition form at jgrey63301@aol.com or cell 201-317-3973, and for juniors contact Jim Neighbors squirbear@msn.com or cell 908-202-5149. Petitions will be considered by the appropriate chairperson on a case by case basis. Any medical petition must be accompanied by a note from a physician.

In the event of any dispute, the USA-NJ committee may require a wrestle-off to determine the member of the team.

USA Wrestling New Jersey
PO Box 479
Ramsey, NJ 07446

Presorted
Standard
US POSTAGE
PAID
Paterson, NJ
Permit #189