

# 13th Annual Joe Favaloro Northern Valley PAL Summer Wrestling Tournament

- Date:** Saturday, June 9, 2012
- Location:** Northern Valley High School at Old Tappan  
100 Central Ave, Old Tappan, NJ 07675 (Directions on back)
- Weigh-in:** 7:00am - 8:30am. Wrestling starts at 9:00am.
- Divisions:** A= Entering 5th or 6th Grade in September  
B= Entering 7th or 8th Grade in September  
C= Entering High School (9th - 12th Grade in September)  
**\*\* NO RECENTLY GRADUATING HIGH SCHOOL SENIORS \*\***
- Format:** **Double elimination.** Weight classes will be determined after weigh-ins (Madison system).  
If practical there will be 8 wrestlers per weight class.  
Wrestlers will be seeded on previous season records and honors.
- Rules:** NJSIAA rules. Headgear and wrestling shoes required.
- Bout Length:** 1-1.5-1.5, standard overtime periods.
- Awards:** Awards for 1st, 2nd, and 3rd
- Admission:** \$3.00 adults, \$1.00 students
- Concessions:** Hot food and snacks will be available in the cafeteria all day. No food or drink in the Gym.
- Entry Fee:** \$15.00 pre-registration, \$25.00 walk-in  
Maximum of 250 Participants (**Register Early**) almost sold out last year  
Make checks payable to: **N.V. PAL Wrestling**  
Mail to: NVPAL Wrestling Tournament  
Attn: Rob Ortiz  
100 Central Ave  
Old Tappan, NJ 07675
- Online Registration ONLY!!!!**  
**No paper form to fill out!!!!**  
**MUST use link below to register.**  
**Print completed registration form.**
- Information:** Call: Rob Ortiz at 201-784-1600 ext. 24337 or Email: ortizr@nvnnet.org

<https://adobeformscentral.com/?f=JV0lwG6FOy32XbHdJpZx8w>

Registration is **ONLY** done through **online registration** by clicking on link above. If the registration form does not open, copy the link and paste to your browser. An email confirmation of registration will be sent to the email you enter. Print this confirmation for presentation at weigh-ins if necessary.

You **MUST** enter an **ACTUAL WEIGHT** for the wrestler for bracketing purposes. The wrestler **MUST** be within 2 lbs of the registered weight at the weigh-in or he will be a scratch with no refund. Weight changes can be made simply by completing a new registration and selecting the "Weight Change" box. A confirmation will be sent to the email you enter that your registration was received. Each weight change is a \$5.00 CASH charge at weigh-ins. Weight changes can be registered up to 6:00pm on Friday, June 8.

- Step 1:** Go to the registration browser as instructed above and complete registration form.
- Step 2:** **Print** your completed registration form and then **Submit** the registration by clicking on the button.
- Step 3:** Parent/Guardian **MUST** sign the liability waiver acknowledgement and date.
- Step 4:** **EITHER** mail in for pre-registration as instructed above **OR** bring to weigh-in as a walk in.

This process will allow the tournament to start on time and run smoothly. Thank you for your cooperation.

## **Directions**

### **From South and West (School is 5 miles from GSP)**

Garden State Parkway North to exit 168 (Washington Township/Westwood).  
Turn Right off exit ramp (Washington Ave) and continue toward Westwood.  
At first light turn Left onto Pascack Rd.  
At first traffic light on Pascack Rd turn right onto Hillsdale Ave.  
Take Hillsdale Ave to end. Turn Left onto Cedar Lane.  
Go to end. Turn Right onto Piermont Ave.  
Go to end. Turn Left onto River Vale Rd.  
Make first Right from River Vale Rd. onto Old Tappan Rd.  
Go to second traffic light. Turn Right onto Central Ave.  
School is 200 yards on right.

### **From Palisades Interstate Parkway (from George Washington Bridge)**

Palisades parkway North to Exit 5 South (Tappan, NY) to Route 303 South.  
Go South on Route 303 through four traffic lights through Northvale, NJ (Rte 303 now Livingston Ave)  
Continue on Livingston Ave into Norwood, NJ.  
Turn Right onto Broadway. Go through one traffic light on Braodway to gas station at "Y" in road.  
Bear left at the fork in the road onto Central Ave.  
Continue on Central Ave to the school on left.