



# ADVANCED SKILLS YOUTH CAMP (Boys, Grades 6 - 8)

July 24 - 27, 2012 (Tuesday – Friday)

Covenant Upper School (Exit 121 off 64, 5<sup>th</sup> Street Extended)  
Charlottesville, VA

## **INFO/FREQUENTLY ASKED QUESTIONS** **FAQ** ▼

### **GENERAL INFO**

#### **How much is camp tuition?**

Camp tuition is \$225 (9:00 – 5:00 pm daily).

#### **What should I bring to camp?**

Campers should make sure to bring the following items to camp:

(1) A positive attitude (2) An eagerness to learn and have fun! (3) Water Bottle\* (4) Packed lunch (or money to buy pizza) (5) Basketball shoes & outdoor shoes (6) Spending money for snack, drinks, gear, etc.

*\*Water bottles may be sold at the camp store. However, if you plan on bringing your own water bottle, please make sure it is labeled with a large, black marker with the camper's name on it. This water bottle should be easily-refillable and easily-carried in one hand (campers will be carrying their water bottle from station to station with them throughout the day)*

#### **What will I get at camp?**

Each camper will receive the following items at camp:

(1) Top-notch instruction (2) Individual Station Work, Drills (3) A fun approach to learning the game (4) Offensive and Defensive Fundamentals (5) Excellent, 5-on-5 competition and game coaching (6) Camp T-Shirt (7) BETTER!

#### **How are the meals handled during the week?**

All campers should bring/pack their own lunch each day. You will also have the option to buy pizza/subs or food from the snack bar and drinks if you so desire. There will be short breaks intermittently throughout the day – snacks and drinks will be sold during these breaks. All purchases made from the Camp Store (lunch or otherwise) will be deducted from the initial Camp Deposit on the first day.

#### **When and where do campers get dropped off and picked up on a typical day?**

Each morning and evening campers are dropped off at 9:00 am and picked up at 5:00 pm at The Covenant Upper School. On the final day (Thursday), campers are dropped off at the same time (9:00 am) and picked up at the same time (5:00 pm) – parents are invited to attend our Awards Ceremony starting at 4:30 pm on the last day.

**I know campers are to be dropped off at the The Covenant School. Is this where campers will be all day?** Yes. All basketball activities and otherwise will be conducted on the campus of The Covenant Upper School (see website for directions)

#### **Is there an overnight option?**

No.

#### **Will this camp fit my son's ability-level? Who is this camp for?**

This camp will challenge each participant to strive to do his best. However, the "Advanced Skills Camp" format/approach The "Advanced Skills Youth Camp" is the most comprehensive "youth" camp program offered. Over a four-day period, this camp will cover every aspect of the game of basketball. In order to most efficiently use the time allotted, this camp is intense, structured and disciplined. Campers will receive the highest level of basketball instruction found for this age-group. Through a detailed "PART-WHOLE" Teaching Method, each camper undergoes a series of skill assessments – individual fundamentals and skills are taught and drilled and then pieced together for a better understanding of how these skills are to be properly used in a team setting. There is no other basketball camp for this age-group that will teach as much – this is a fun and challenging basketball "educational" experience. Our goal is to challenge each camper to develop his skills and reach his full potential and enjoy the process while ultimately helping young players develop a love for the game.

### **DIRECTIONS**

#### **How do I get to camp?**

Drop off and pick-up each day will be at The Covenant Upper School. For directions, please visit our website.

[www.PlayVABA.org](http://www.PlayVABA.org)



## **CHECK-IN/REGISTRATION DAY**

### **What time is CHECK-IN on the first day?**

CHECK-IN takes place between 9:00 am and 9:30 am on the first day of camp at The Covenant Upper School.

### **Where is CHECK-IN/REGISTRATION?**

Check-in will take place at The Covenant Upper School. Visit website, go to specific camp page and click on "DIRECTIONS" for directions to The Covenant Upper School

### **What should I bring to registration on the first day?**

If you have registered on-line you are a "Registered User." All "Registered Users" should have paid in full and completed all forms on-line 72 hours (3 days) prior to the first day of camp. All paper registrants should make sure to have the following items upon arrival: (1) Complete payment (2) Completed Registration Form (3) "Medical/Insurance Form" & "Parent Consent" section, signed and completed. *Remember, the registration process is vastly expedited if you have sent in all of your information (payment, forms, etc.) ahead of time or completed the information on-line prior to camp.*

**\*WE EXPECT THIS CAMP TO FILL, SO PLEASE DO NOT WAIT UNTIL THE LAST MINUTE TO REGISTER! ☺**

### **Should campers bring money to camp?**

Campers should bring money on the first day of camp only, specifically for Camp Store purchases. On this day, each camper will make a deposit into the "camp bank." The "camp bank" will serve as a debit system, and campers will deduct from this initial deposit throughout the week of camp. If a camper reaches a "zero balance," he can deposit additional money at any time. The purpose of the "camp bank" is to avoid the misplacing or loss of money or loose change - without the worry of "spending money," campers can focus on their number one goal: getting better and having fun.

### **How long do I wait in line for registration on the first day?**

There will be an "Express" Registration table for all participants who have paid in full, signed and completed all forms PRIOR to the first day of camp (wait time 1 minute max). Any campers who have an outstanding balance, or have not completed all pertinent forms will be required to wait in line until accounts are settled and the proper forms are completed (1 – 15 minute wait).

## **PARENTS**

### **As a parent, when can I come and watch during camp?**

Parents are invited to watch camp at any time. Individual Skill Stations are conducted in the morning sessions. Team Skill Stations are conducted in the afternoon sessions. And 5-on-5 games are conducted in the late-afternoon sessions. Watching the teaching sessions can be educational and helpful to learning the game - however, oftentimes observers can distract from a player's concentration and may inhibit quick movement from station to station. Parents, please keep these concerns in mind when considering observing the teaching sessions. ALSO, on the final day of camp, all parents are invited to watch the tournament and the Awards Ceremony.

### **When is the Awards Ceremony?**

The Awards Ceremony is held at The Covenant School from 4:30 to 5:00 pm on the final day of camp.

## **EMERGENCY CONTACT INFORMATION**

### **What do I do if I need to contact someone (a coach or camper) at camp?**

The 24-hour emergency contact number/hotline is always 434-242-7729.

## **MEDICAL STAFF/TRAINING STAFF**

### **Will there be first-aid on site?**

First aid staff will be on site to treat all minor injuries. In the event of a more serious injury, camper's parent/guardian will be contacted immediately, and the camper will promptly be taken to the nearest hospital.

### **What if I have a special need or preexisting medical condition?**

It is imperative that every camper/parent communicate any medical conditions/issues/concerns to a designated camp staff member on the first day if there are any preexisting conditions or special needs to be attended to throughout the week. It is our policy our staff keeps all medication and monitor dispensing for your child's safety.

Virginia Basketball Academy (a 501c3 organization)

PO Box 2438, Charlottesville, VA 22902

434-242-7729

info@PlayVABA.org

[www.PlayVABA.org](http://www.PlayVABA.org)