

Weigh out begins for weight classes 74 thru 120 at the middle of consolation round 1. All wrestlers from 74-120 may weigh out even if they are not finished wrestling for the day. After the last match of the Light Weight session has been completed, we there will be an announcement that all wrestlers in weights 74-120 have 1 hour remaining to weigh out.

Weigh out for heavier weights 126 thru 249 at the middle of consolation round 1. All wrestlers from 126-249 may weigh out even if they are not finished wrestling for the day. After the last match of the Heavier Weight session has been completed, we there will be an announcement that all wrestlers in weights 126-249 have 1 hour remaining to weigh out.