

2011-2012 SCHOOL RULES AND REGULATIONS DIVISIONS

Division A: 215+girls registered in grades 10-12

Division B: 214-girls registered in grades 10-12

Varsity 9-12 grade:
Junior Varsity Official JV team or a JH team with a majority of 9th grade team members
Junior High 9th grade & below
(9th grade participants are only allowed if the 9th grade class is housed in the school you are representing and only a minority of the team are 9th graders. If a majority of the team is 9th graders then the team should compete in the Junior Varsity divisions.)

ALL TUMBLING AND STUNTING WILL FOLLOW AACCA SCHOOL SAFTY RULES, AND MAY BE FOUND ON THER WEBSITE: WWW.AACCA.ORG

Non-Mount Intermediate Tumbling

Tumbling up to and including back/front handspring series.

Non-Mount Advanced Tumbling

Tumbling up to and including 1 twisting and 1 flipping rotation.

Select Tumbling and Stunting

All Tumbling and Stunting allowed following AACCA safety rules and regulations.

Fight Song Limited to 1 team per school.

SCHOOL REPRESENTATION

A. All members of the cheerleading squad must be current members of the official school spirit squad and must attend the school they are representing. (Exception: this will not preclude participation from sister schools for same-gender schools as long as they are official members of the squad).

UNIFORM GUIDELINES

1. All participant uniforms must cover the midriff when standing attention. Covered midriff does include mesh or nude colored body suits and liners; however fringe would not count as a cover.

2. Any team in violation of the uniform guidelines will be assessed a five (5) point deduction.

TIME LIMITATIONS

1. Each team's presentation must include at least one cheer or sideline chant. The musical portion must not exceed one minute and thirty seconds. Total time limit is two minutes and thirty seconds. Timing will begin with the first movement, voice, or note of music, whichever comes first.

2. If a team exceeds the time limit, a penalty will be assessed for each violation: Three (3) point deduction for 3 – 5 seconds, Five (5) point deduction for 6-10 seconds and Seven (7) point deduction for 11 and over.

3. BECAUSE PENALTIES ARE SEVERE, IT IS RECOMMENDED THAT ALL TEAMS TIME THEIR PERFORMANCE SEVERAL TIMES PRIOR TO COMPETITION AND LEAVE A SEVERAL SECOND CUSHION TO ALLOW FOR VARIATIONS IN SOUND EQUIPMENT.
4. All introductions (tumbling, entrances, chants, spell-outs, etc.) are considered part of the routine and are timed as part of the performance. There should not be any organized exits or other activities after the official ending of the routine. (a spirited entrance is allowed).

MUSIC

1. Teams may use an unlimited number of songs in their routine at all competitions.

COMPETITION AREA

1. Participants must start in the competition area with at least one foot on the ground.
2. Teams may line up anywhere inside the competition area.
3. UCA Competitions comply with the NFHS & AACCA surface ruling that school based programs may not compete on a spring floors.
4. Approximate floor size will be 54 feet wide by 42 feet deep (9 strips).
5. Signs or props may be placed or dropped outside the competition area by a team member who must remain inside the competition area. For the NHSCC- if a sign or prop is thrown outside the competition area, that team will receive a one (1) point deduction for each violation.
6. Boundary for the NHSCC – Any squad member stepping outside or touching outside the performance area will cause the squad to receive a .5 penalty per occurrence.

TEAM PARTICIPATION

1. Teams may participate in more than one competition during the season.
2. Individuals are not permitted to compete on two School Teams, but are permitted on both a School Team and an All Star Team at the same event.

INTERRUPTION OF PERFORMANCE

UNFORSEEN CIRCUMSTANCES

1. If, in the opinion of the competition officials, a team's routine is interrupted because of failure of the competition equipment, facilities, or other factors attributable to the competition rather than the team, the team affected should STOP the routine.
2. The team will perform the routine again in its entirety, but will be evaluated ONLY from the point where the interruption occurred. The degree and effect of the interruption will be determined by the competition officials.

B. FAULT OF TEAM

1. In the event a team's routine is interrupted because of failure of the team's own equipment, the team must either continue the routine or withdraw from the competition.
2. The competition officials will determine if the team will be allowed to perform at a later time. If decided by officials, the team will perform the routine again in its entirety, but will be evaluated ONLY from the point where the interruption occurred.

C. INJURY

1. In the event that an injury causes the team's routine to be interrupted, the participant can stop the routine and seek medical assistance.
2. Competition officials reserve the right to stop the routine if an injury occurs.
3. The competition officials will determine if the team will be allowed to perform at a later time. If decided by officials, the team will perform the routine again in its entirety, but will be evaluated ONLY from the point where the interruption occurred.

HOW TO HANDLE PROCEDURAL QUESTIONS

A. RULES & PROCEDURES --Any questions concerning the rules or procedures of the competition will be handled exclusively by the advisor / coach of the team and will be directed to the Competition Director. Such questions should be made prior to the team's competition performance.

B. PERFORMANCE --Any questions concerning the team's performance should be made to the Competition Director immediately after the team's performance and/or following the outcome of the competition.

INTERPRETATIONS AND / OR RULINGS

Any interpretation of any aspect of these Rules and Regulations or any decision involving any other aspect of the competition will be rendered by the Rules Committee. The Rules Committee will render a judgment in an effort to ensure that the competition proceeds in a manner consistent with the general spirit and goals of the competition. The Rules Committee will consist of the Competition Director, Head Judge, and a designated competition official.

SPORTSMANSHIP

All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the competition with positive presentation upon entry and exit from the performance area as well as throughout the routine. The advisor and coach of each team is responsible for seeing that team members, coaches, parents and other persons affiliated with the team conduct themselves accordingly. Severe cases of unsportsmanlike conduct are grounds for disqualification.

DEDUCTIONS

Any team in violation of these Rules and Regulations or any of the above mentioned guidelines will be assessed a ten point (10) deduction for each violation. This deduction does not apply to violations mentioned above that are designated a lesser point value.

DISQUALIFICATION

Any team that does not adhere to the terms and procedures of these "Rules and Regulations" will be subject to disqualification from the competition, will automatically forfeit any right to any prizes or awards presented by the competition, and may also forfeit the opportunity to participate in a competition or the National Championship the following year (School and Youth / Rec Teams).

FINALITY OF DECISIONS

By participating in this competition, each team agrees that the decisions by the judges will be final and results may ONLY be reviewed for clarification. Each team acknowledges the necessity for the judges to make prompt and fair decisions in this competition and each team therefore expressly waives any legal, equitable, administrative or procedural review of such decisions.

SCORES AND RANKINGS

Individual judges score sheets are for the exclusive use of each particular judge. Each judge has the responsibility and authority to review and submit his/her final score and rankings prior to the final tally of the score for all teams. Score and rankings will be available only to advisors or coaches at the conclusion of the competition.

JUDGING CRITERIA

The judges will score the squads according to the judging criteria on a 100 point system. The judges scores will be averaged together with deductions being taken off the top. In keeping with the proper role of cheerleading, emphasis will be placed on the practicality of material. For more information on scoring, score sheets and judging criteria, please Visit www.ohioathletics.com

Camp Fight Song

1 Team per school. \$20.00 per TEAM

RULES

1. Teams are encouraged to use their traditional school fight song.
2. Props (poms, signs, flags, megaphones and/or banners) are permitted.
3. Performances can incorporate up to two (2) eight counts of skills (stunts, tumbling and/or jumps). The two (2) eight counts must be consecutive and the same two (2) eight counts can be repeated if the fight song is repeated.
4. Evaluations will be based on the following criteria:
 - a. Crowd oriented movements, fit to music, using effective spacing and formations, and incorporating visual effects.
 - b. Placement, synchronization and strength of motions.
 - c. Overall impression and crowd appeal.
 - d. Emphasis will be placed on practicality. All material should be suitable and able to be performed multiple times during a game or pep rally.

1. No baskets, sponge, elevator, or similar type tosses permitted.
2. No inversions and /or twisting into or out of stunts regardless of contact with bases.
3. No single leg stunts.
4. A jump is considered a skill and can only be performed in the two (2) eight count segment.
5. A kick will not be considered as a skill and can be performed at any time during the routine.
6. Maximum difficulty in tumbling is limited to back handsprings

SPECIFIC SKILL RESTRICTIONS

ALL TEAMS ARE REQUIRED TO SIGN AND RETURN THE ATTACHED FORM

We have reviewed the Rules and Regulations with our entire team and we hereby accept the Rules and Regulations as a fair and integral part of the tournament and agree to adhere to the rules, policies and procedures contained herein.

Team Name _____

City/State _____

Date _____

Advisor Signature _____

Principal Signature _____