



Private Lessons/Group Training

Due to the popularity of private training at other academies we have decided to offer private lessons at Askren Wrestling Academy. Private lessons allow a young athlete to work one on one or in small groups with a coach. Private lessons will enable athletes to focus on problem areas, strategy for upcoming matches or video review. Private lessons can be scheduled with Coach Mesenbrink, Askren or Borchardt.

Prices are as follows:

Individual- \$75 per session
Group of 2- \$40 per person per session
Group of 4- \$30 per person per session

*All sessions will last 1 hour

*Private lessons must be bought in packages of 4 and paid for at the first session.

*24 hour cancellation policy is in effect.

Private lessons can be scheduled by talking to the coaches at the academy or emailing awawisconsin@gmail.com.