

# SUMMER SKILLS ACADEMY (Boys & Girls, Grades 1 - 2, 3 - 4, 5 - 6, 7 - 9, 10 - 12)

Weeks of June 11, 18, 25 & July 2 (Mondays, Tuesdays & Wednesdays - choose days & weeks)

Location: The Covenant Upper School, Charlottesville, VA

## INFO / FREQUENTLY ASKED QUESTIONS **FAQ** ▼

### GENERAL INFO

What is the program schedule and format?

Skills Academy Schedule & Format (Weeks of June 11, 18, 25 & July 2)

Session #/Day	Grades	Times	Content	Session Duration
1	1 - 2, 3 - 4	11:00 - 11:45 am	Individual Skills	45 minutes
1	5 - 6, 7 - 9	12:00 - 1:15 pm	Individual Skills	75 minutes (usually paired w/ Session #2)
2	5 - 6, 7 - 9	1:30 - 2:45 pm	Team Skills	75 minutes (usually paired w/ Session #1)
1	10 - 12	3:00 - 4:30 pm	Advanced Skills	90 minutes



### How are the days of the week and the times scheduled?

Week #1, June 11, 12, 13 (Mon, Tues, Wed): 6 sessions (Gr. 5-9) or 3 sessions (Gr. 1 – 4 / 10-12) @ Covenant Upper School

Week #2, June 18, 19, 20 (Mon, Tues, Wed): 6 sessions (Gr. 5-9) or 3 sessions (Grds. 1 – 4 / 10-12) @ Covenant Upper School

Week #3, June 25, 26, 27 (Mon, Tues, Wed): 6 sessions (Gr. 5-9) or 3 sessions (Gr. 1 – 4 / 10-12) @ Covenant Upper School

Week #4, July 2, 3, 5 (Mon, Tues, Thurs): 6 sessions (Gr. 5-9) or 3 sessions (Gr. 1 – 4) or 2 sessions (Gr. 10-12) @ Covenant Upper School

\*There is no July 5<sup>th</sup> session for grades 10-12

The Summer Skills Academy spans four (4) total weeks (the weeks of June 11, 18, 25 and July 2). Students can choose to attend all days for all weeks or any combination of days and/or weeks that best suits their schedule. Naturally, the more basketball instruction a student receives, the more improvement he/she will experience.

**For grades 1 – 2, 3 – 4 (groups will be separated), the sessions begin at 11:00 am and end at 11:45 am.** Students will be working on the basic, fundamental offensive skills (ball-handling, shooting, passing, offensive moves). We will introduce some basic defensive concepts as well.

**For grades 5-6, 7-9 (groups will be separated), the sessions begin at 12:00 noon and end at 2:45 pm.** Students are separated based on age and ability. Each day is comprised of two (2) 75-minute sessions: 12:00 – 1:15 pm (Individual Skill Development), 1:30 – 2:45 pm (Team Skill Development). These sessions are usually done back-to-back in order to carry out the entire teaching process with each student-athlete.

Session #1 (Grades 5-9) each day is dedicated solely to INDIVIDUAL skills (shooting, ball-handling, passing, finishing, etc.).

Session #2 (Grades 5-9) each day is dedicated to TEAM skills and “teaching” games – all drills & games will be done in 2-on-2, 3-on-3, 4-on-4 and 5-on-5 setting. These sessions are very effective in connecting the individual skills taught in the prior lesson. *There is a 15 minute break between Sessions 1 & 2.*

**For grades 10-12, for each day there is only one, 90-minute session beginning at 3:00 pm and ending at 4:30 pm.** Individual skills, team skills and open, full-court play will be incorporated throughout the academy schedule.

What does the program cost (per session)?

Sessions	Grades 1-2, 3-4	Grades 5-6, 7-9	Grades 10 - 12
3	\$45	\$70	\$85
6	\$80	\$125	\$135
9	\$110	\$170	\$170
11			\$190*
12	\$135*	\$210	
15		\$250	
18		\$280	
21		\$310	
24		\$335*	

\*Do all four weeks and get best deal



### **What should I bring each day?**

Campers should make sure to bring the following items to camp:

(1) Work Ethic (2) Concentration (3) Water Bottle\* (4) Basketball shoes (in a separate bag – do not wear your basketball shoes outside)

*\*Please bring your own water bottle, please make sure it is labeled with a large, black marker with the camper's name on it. This water bottle should be easily-refillable and easily-carried in one hand (campers will be carrying their water bottle as they move through teaching progressions).*

### **What will I receive?**

Each camper will receive the following items at camp:

(1) Top-notch, professional basketball instruction (2) Daily skill assessments (3) Individual Station Work (4) Team Station Work (5) Station Games (6) BETTER!

### **When and where do campers get dropped off and picked up?**

Please arrive 15 minutes before the session starts (see above for session times).

## **DIRECTIONS**

### **How do I get to the Summer Skills Academy?**

Drop off and pick-up each day will be at the Covenant Upper School, a modern, air-conditioned facility with six baskets located off of 5<sup>th</sup> street extended. For directions to the Covenant Upper School, please visit our website.

## **CHECK-IN/REGISTRATION DAY**

### **What time is CHECK-IN on the first day?**

CHECK-IN takes place 15 – 30 minutes before your first session at the Covenant Upper School.

### **Where is CHECK-IN/REGISTRATION?**

Check-in will take place at the Covenant Upper School off of 5<sup>th</sup> street extended. Drive to the back of the parking lot and enter through the white columns and the glass doors at the back of the lot on the left-hand side. Visit website, go to specific camp page and click on "DIRECTIONS" for directions to the Covenant Upper School.

### **What should I bring to registration on the first day?**

If you have registered on-line you are a "Registered User." All "Registered Users" should have paid in full and completed all forms on-line prior to the first day. All paper registrants should mail in their registration forms with a minimum, non-refundable deposit. Make sure to have turned in the following items before/upon arrival: (1) Complete payment (2) Completed Registration Form (3) "Medical/Insurance Form" & "Parent Consent" section, signed and completed. *The registration process is vastly expedited if you have sent in all of your information (payment, forms, etc.) ahead of time or completed the information on-line prior to camp.*

## **PARENTS**

### **As a parent, can I stay and watch?**

Parents are invited to watch at any time. Watching the teaching sessions can be educational and helpful to learning the game - however, oftentimes observers can distract from a player's concentration and may inhibit quick movement from station to station. Parents, please keep these concerns in mind when considering observing the teaching sessions.

## **EMERGENCY CONTACT INFORMATION**

### **What do I do if I need to contact someone (a coach or camper) at camp?**

The 24-hour emergency contact number/hotline is always 434-242-7729.

## **MEDICAL STAFF/TRAINING STAFF**

### **Will there be first-aid on site?**

First aid will be on site to treat all minor injuries – however, there is no trainer on site. In the event of a more serious injury, camper's parent/guardian will be contacted immediately, and the camper will promptly be taken to the nearest hospital.

### **What if I have a special need or preexisting medical condition?**

It is imperative that every camper/parent communicate any medical conditions/issues/concerns to a designated camp staff member on the first day if there are any preexisting conditions or special needs to be attended to throughout the week. It is our policy our staff keeps all medication and monitor dispensing for your child's safety.

Virginia Basketball Academy (a 501c3 organization)

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