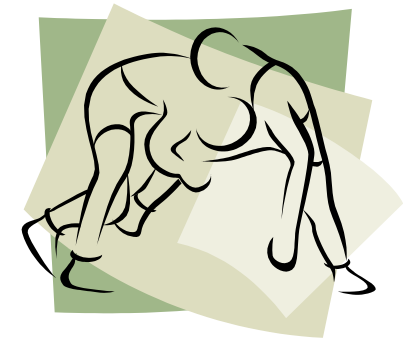


# Lincroft Wrestling Camp 2012

at  
Christian Brothers Academy



**July 16-20**  
*Ages 6-15*

732-668-6933  
lincroftwrestling@gmail.com

**LINCROFT WRESTLING CAMP**  
101 Surrey Court  
Oceanport, NJ 07757



Come see what the excitement is all about!

## A Typical Day

- Warm-up
- Technique Instruction
- Intense Drilling
- Situation Live Wrestling
- Developmental Wrestling Games
- Review Session



*Future Region 6 Stars!*

## General Information

- Camp hours: 9:00am-12:00pm
- Water will be provided
- Required Equipment: wrestling shoes, headgear, extra t-shirts
- Certified Trainer on Staff
- Arrive 30 minutes early on the first day
- For more information call: 732-668-6933

Have a friend or relative that would be interested in attending our camp with you? List their information and we will send them a brochure....

Name		
Address		
City	State	Zip
E-mail		



## Philosophy

To be the best, you have to see the best. This camp is designed for the wrestler who desires to train and compete under the guidance of talented and experienced instructors.

Our staff knows what it takes to become a champion and we are eager to share this with you!

The camp is a great way for your child to learn what it takes to get to the top, have fun, and hang with some legends of wrestling!



*Rutgers coach Scott Goodale and local grapplers fist pumping at camp!*

## Guest Clinicians

### Tom Brands \*July 16

-Head Wrestling Coach – Iowa University  
-Olympic Champ/Coach, 3x NCAA All-American

### Mike Duroe

-Head Wrestling Coach – Cornell College  
-Olympic Coach

### Scott Goodale

-Head Wrestling Coach - Rutgers University  
-Ranked 9<sup>th</sup> in NWCA/USA Today Coaches Poll '10-'11

### Matt Storniolo

-Assistant Wrestling Coach – Northwestern University  
-2x NCAA All-American – Oklahoma University

### Pete Galea

-4x Big Eight (current Big 12 conference) champ  
-2x NCAA All-American – Iowa State University

### Steve Rivera

-Director of Elite Wrestling Club  
-NJ State Champ / NCAA National Champ – TCNJ

### Nick Roy

-Head Instructor of Triumph Wrestling Club  
-2x NJ State Champ / NCAA All-American – Michigan

## Staff

**Russ Witt** – LWC Director, NJ State Champ

**Andrew Skove** – NCAA All-American, NJ State Champ

**Dave Santamaria** – 4x NJ State Place Winner

**Mike Baldi** - Region 6 Hall of Fame Coach

**Current and former CBA wrestlers will also serve as coaches.**

## Registration

<i>Sign up for:</i>	<i>Price</i>
<input type="checkbox"/> First time campers	\$225
<input type="checkbox"/> Bring a Buddy	\$200
<input type="checkbox"/> Brands one day kid camp	\$75
<input type="checkbox"/> Brands Coaches Clinic	\$50
<input type="checkbox"/> Two Coaches	\$75
<input type="checkbox"/> Grade School/Rec Coach	\$25

---

Name of Camper

---

Address

---

City State Zip

---

Age Grade (September 2012)

---

Email

T-Shirt Size: Youth S, M, or L  
(circle one) Adult S, M, L or XL

***Make checks payable to:  
Lincroft Wrestling Camp***

Mail completed registration form with \$50 deposit

Lincroft Wrestling Camp  
PO BOX 363  
Lincroft, NJ 07738-0363

Phone: 732-668-6933  
E-mail: lincroftwrestling@gmail.com